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*CEU*  
*Psychological*  
*Therapy Unit*  
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*Unitat Terapèutica*  
*Assistència Psicològica*

 *Universitat*  
*Abat Oliba CEU*

# *CEU Psychological Therapy Unit*

The CEU Psychological Therapy Unit is Abat Oliba CEU University's certified health centre, based in the Sagrat Cor University Hospital in Barcelona. It integrates assistance, teaching and research aspects. Our care model is based on scientific evidence, from a humanist, comprehensive vision of the individual.

The service offers diagnosis and treatment of a range of disorders and difficulties.

Our services include, among others:

## • **Adult Psychiatry and Psychology**

- Anxiety Disorders
- Addictions to New Technologies
- Affective Disorders
- Adjustment Disorders
- Personality Disorders
- Mental Disorders
- ADHD in Adults

## • **Children and Youth Psychiatry and Psychology**

- Emotional and Behavioural Disorders
- Attention Deficit Hyperactivity Disorder
- Autism (high functioning)
- Specific Learning Difficulties
- Addictions to New Technologies
- Early Childhood





- **Neuropsychology**
- **Psycho-oncology**
- **Family Therapy**
- **Forensic Psychiatry and Psychology**
- **Assisted Therapy with Dogs**
- **Online Therapy**

Some services have a 'teaching fee' thanks to the supervised attention aspect, aimed at assistance and teaching. Upon request.

As a teaching and research centre, we offer:

- Official Master's Degree in General Health Psychology
- Expert University Courses (personality disorders)
- Clinical Supervision for Professionals (individual or in group)
- Research in Clinical and Health Psychology (CEINDO doctorate programme in clinical and health psychology)

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## **Sagrat Cor University Hospital (external appointments)**

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Course Director

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