



13-14th SEPTEMBER 2019

# I EUROPEAN CONGRESS OF CHRISTIAN ANTHROPOLOGY AND MENTAL HEALTH SCIENCES

*Universitat Abat Oliba CEU - BARCELONA*

## **Organizing Committee:**

Mar Alvarez  
(Universitat Abat Oliba CEU)  
Martín Echavarría  
(Universitat Abat Oliba CEU)  
Laura Amado  
(Universitat Abat Oliba CEU)  
Martiño Rodríguez  
(Universidad de Navarra)  
Fernando de los Bueis  
(Universitat Abat Oliba CEU)

## **Scientific Committee:**

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(Universitat Abat Oliba CEU)  
Montserrat Lafuente  
(Universitat Abat Oliba CEU)  
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(Universidad Católica de  
Valencia San Vicente Mártir)  
Javier Fiz Perez  
(Università Europea di Roma)  
Werner May  
(European Movement for  
Christian Psychology and  
Psychotherapy - EMCAPP)

Does Christian anthropology have anything to contribute to mental health sciences? And can psychology or psychiatry alone understand of the internal phenomena that occur within the person who is ill?

The separation between mental health sciences and Christian anthropology has led to an impoverishment of dialogue in public spaces. Christian anthropology has been seen to be repressive of personal experience while psychology frequently has become a science based only on what can be quantified. This has led to considering inner life phenomena only from a psychological point of view. Mental health professionals are then forced to separate their Christian sensibility from their analytical thought. This prevents them from attaining a deeper understanding of the reality of patients. It also has negative effects on many religious patients who cannot find solid arguments to harmonize their inner experience.

In addition, it is necessary to reflect on the importance of the power of openness to transcendence in the process of personal growth through the cultivation of specific virtues in psychotherapy.

In view of this reality, this congress has been organized with the main objective of promoting dialogue, reflection, and interdisciplinary research between Christian anthropology and mental health sciences. In order to enrich both disciplines, we hope to foster collaboration among psychologists/psychiatrists, philosophers, and theologians.



## Registration

Conferences 13th September: 70 €

Seminaries 14th September: 70 €

All event: 120 €

## Contact email:

antropologiaysaludmental@uao.  
es

## PROGRAM CONFERENCE 13th September

(English - simultaneous translation)

**9:30h**

Welcome

**10-10:45h**

*Catholic Christian Meta-Model of the Person.*

Paul Vitz. Professor Emeritus of Psychology at New York University. Senior Scholar and Professor of Divine Mercy University.

**11-11:45h**

*Discerning the good: affordance, virtue and moral creativity.*  
Peter Hampson. Psychologist and Theologian. Emeritus Professor at UWE, Bristol. Research Fellow, Blackfriars Hall, University of Oxford.

Descanso

**12:30-13:15h**

*Contemporary Neuroscience and Religious Belief.*  
Sarah Lane Ritchie. Lecturer in Theology and Science. University of Edinburgh, Scotland.

**13:30-14:15h**

*Virtue Transformed: Toward a Christian Understanding of Healing, Holiness and Moral Development.*  
Michael S. Sherwin, o.p. Professor and holder of the chair in Fundamental Moral Theology. University of Fribourg, Switzerland.



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## PROGRAM ROUND TABLE 13th September

(Spanish - simultaneous translation)

**15:30-17h**

### What Christian anthropology contributes to mental health sciences?

Moderator: Mar Alvarez Segura

Psychiatrist. Professor of Personality psychology. Abat Oliba CEU University.

Speakers:

Martín F. Echavarría

Philosopher and psychologist. Chief of Psychology Department. Abat Oliba CEU University.

Juan José Perez-Soba Díez del Corral

Theologian and Philosopher. Professor and director of studies of the Master in Marriage and Family Sciences of Institute Juan Pablo II of Madrid. Professor at the Faculty of Theology San Dámaso.

Juana Sánchez-Gey Venegas.

Philosopher and Theologian. Professor of philosophy at Autonoma UNiversity of Madrid. Member of Cátedra Fernando Rielo of Pontificia University of Salamanca.

### COMMUNICATIONS: 17-18H

(English or Spanish, without translation)



## **PROGRAM SEMINARS 14th SEPTEMBER**

### **1st SEMINAR: Values and spirituality in psychology and psychotherapy**

Degree Room (English - without translation)

**10-11:30h**

*Christian Psychology.*

Werner May: President of the European Movement of Christian Anthropology, Psychology and Psychotherapy (**EMCAPP**).

*Specific Christian Aspects in Psychotherapy.*

Anna Ostaszewska. Past President of the Association of Christian Psychologists in Poland. Psychotherapist in Warsaw. Vice-president of EMCAPP.

Discussion

**12-13:30h**

*Experience of Working with Virtues for Personal Future.*

Andrey Lorgus: Rector of the Institute of Christian Psychology in Moscow .

*Idealistic or Realistic Systems of Personal Values?*

Krzysztof Wojcieszek: Professor in the Pedagogium School of Social Sciences in Warsaw.

Discussion

**15:00-17:30h**

*Christian Community Psychology and Social Transformation.*

Nicolene Joubert: Founder and head of the Institute of Christian Psychology in South Africa.

*Condemning Judgement and its Relation to the Internal Ethics of a Patient.*

Elena Strigo: Head of the Psychological Counseling Centre ABIGAIL in Krasnoyarsk, Russia. EMCAPP board member.

*Healing Processes in the History of Christian Faith.*

Francesco Cutino: Psychologist. EMCAPP board member.

**Congress Closing: 17:45h**



## **PROGRAM SEMINARS 14th SEPTEMBER**

### **2nd SEMINAR: Affective maturity and marriage: interdisciplinary reflection and intervention guide**

(Spanish - without translation)

**15:00-17:30h**

Moderador: Martiño Rodríguez-González.

Psychologist. Researcher of the Institute Culture and Society. University of Navarra.  
Certified Family and couple therapist.

Speakers:

Juan José Perez-Soba Díez del Corral

Theologian and Philosopher. Professor and director of studies of the Master in Marriage and Family Sciences of Istituto Giovanni Paolo II of Rome. Professor at the Faculty of Theology San Dámaso.

María del Rosario González Martín

Pedagogue. Professor of Ethical and Civic Education, Universidad Complutense de Madrid. Certified family and couple therapist.

**Congress Closing: 17:45h**



## **PROGRAM SEMINARS 14th SEPTEMBER**

### **3rd SEMINAR: Psycho-spiritual integration consecrated life: itinerary of discernment and accompaniment**

(Spanish - without translation)

**15:00-17:30h**

Moderator: Mar Alvarez Segura

Psychiatrist. Professor of Psychology of the Personality of Abat Oliba CEU University

Speakers:

Amedeo Cencini

Psychologist, Pedagogue and Theologian. Professor of Salesian and Gregorian University of Rome. Consultant of the Congregation for institutes of consecrated life and societies of apostolic life

Montserrat Lafuente Gil

Psychiatrist and Philosopher. Professor of professional ethics. Abat Oliba CEU University. Professor of Vocational Psychology of the Conciliar Seminar of Barcelona. Member of Rielo Institute for Integral Development

Luis María García Domínguez

Psychologist and Theologian. Director of the Spirituality Institute, Faculty of Theology. University of Comillas, Madrid

**Congress Closing: 17:45h**



## The Scientific Committee invites submissions of papers to be presented at this Conference

Please submit an abstract of 450 words or less by 1st June, 2019 in any area relevant to Christian anthropology mental health science. Submissions will be refereed and selected on the basis of quality and relevance to the Conference. Abstracts should be written in a format of *Times New Roman 12*, double space in English or Spanish.

Individual authors may submit only one abstract as first author, but may be listed as co-authors on other submissions. All submissions will be considered for oral or poster presentations. We expect to notify authors of decisions by July 31.

Please submit abstracts via email:  
[antropologiaysaludmental@uao.es](mailto:antropologiaysaludmental@uao.es)

**Organized by:**



*Universitat  
Abat Oliba CEU*

**Collaborators:**



UNIVERSIDAD PONTIFICIA  
DE SALAMANCA



**EMCAPP** European Movement for Christian Anthropology, Psychology and Psychotherapy

